

Gymnastics

The **Cobb Gymnastics Center** offers all levels of instructional gymnastics classes for boys & girls ages 2 years through high school. Cheer Tumbling and Adult Tumbling classes are also offered.

Aquatics / Gymnastics Manager:
Bob McCallister 770-528-8471
robert.mccallister@cobbcounty.org

Gymnastic Center Coordinator:
Hoylene Noble 770-528-8475
hoylene.noble@cobbcounty.org

FACILITIES

The Cobb Gymnastics Center is located behind the Cobb Civic Center in the Larry Bell Fitness Complex at the intersection of South Marietta Parkway and Fairground Street.

Cobb Gymnastics Center
542 Fairground Street SE , Marietta, GA 30060
770-528-8475

Office hours: Monday-Thursday 10:00 am — 8:30 pm
Friday 10:00 am — 8:00 pm
Saturday 9:00 am — 3:00 pm

Gymnastics classes are offered at Boots Ward and Fullers Recreation Centers in The Fall, Winter, and Spring sessions. Classes are not offered in Summer at these locations.

REGISTRATION INFORMATION

ON-LINE Gymnastics registration begins at 10:00 am on Saturday, December 5, 2009 www.prca.cobbcounty.org
(Please note: PIN and Login ID numbers CANNOT be given out on the first day of registration.)

WALK-UP registration at the Gymnastics Center:
10:00 am - 1:30 pm, Saturday, December 5, 2009.
Registration hours: Mon - Fri 10:00 am - 6:30 pm
Sat 9:30 am - 1:00 pm

TELEPHONE registration begins Monday, December 7, 2009 and is taken Monday-Friday 10:00 a.m. to 3:00 p.m.

All **NEW** student registration must be done in person at the Gymnastics Center, OR you may come by the Gymnastics Center office prior to the registration date to be entered into our computer system and receive your EZ-Reg Log-in ID number and your PIN number for on-line registration.

All registration **AFTER** the start of a session must be done through the Gymnastics Center.

Payment Methods

Check, Money Order, Visa, MasterCard, Cash accepted. When paying in cash, please have EXACT change. Full payment must be made at the time of registration.

Please note: There is a \$25.00 charge on returned checks.

WINTER SESSION 2010 DATES & FEES

January 4 – March 4

NO CLASSES

Friday & Saturday – January 15 - 16
(Special Olympics Meet)

Friday & Saturday – February 12 - 13
(Competitive Meet)

Fees have been adjusted according to the number of classes in the session.

GENERAL INFORMATION

Class Cancellation

Classes are subject to cancellation if fewer than four participants register.

Make-up Classes

All classes are fee-supported. We are unable to offer make-up classes or credits for missed classes.

ADA

In order that the department assures compliance with the Americans with Disabilities Act, if you have a specific physical or service accessibility need, please make the staff who work with the program/facility aware so that we can reasonably accommodate your need.

DATES TO REMEMBER

GA Special Olympic Gymnastics Competition
January 16

Cobb Challengers Boys Competitive Meet
February 13-14

Cobb Challengers Girls Competitive Meet
March 6-7

Spring Session Classes:
March 6 - May 21

Spring Session Registration starts February 20 at the Gymnastics Center 10:00 am-12:30 pm and online at 10:00am

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Adult Tumbling Classes

Tumbling class for adults and high school students accommodating a variety of ability levels. This class uses a pass system. Please contact the Gymnastics Center 770-528-8475 for more information. Classes meet on Thursday night from 7:00–8:30 PM

Preschool Classes

Tumble Tots - age 2 - 3 1/2

Each child in the class must have one adult to work with him or her individually. No siblings are allowed in the class without a second adult. Children participate in fun locomotor, exploratory, and gymnastics activities.

Fees: \$43.20 \$68.20 (Non-County Resident)

26274	Mon	Jan 4-Mar 1	10:00-10:45 AM
26275	Mon	Jan 4-Mar 1	11:00-11:45 AM
26276	Tue	Jan 5-Mar 2	10:00-10:45 AM
26277	Wed	Jan 6-Mar 3	10:00-10:45 AM
26278	Thu	Jan 7-Mar 4	10:00-10:45 AM

Fees: \$28.80 \$53.80 (Non-County Resident)

26279	Fri	Jan 8-Feb 26	10:00-10:45 AM
26280	Fri	Jan 8-Feb 26	11:00-11:45 AM
26281	Sat	Jan 9-Feb 27	9:00-9:45 AM
26282	Sat	Jan 9-Feb 27	10:00-10:45 AM

Tumble Kids 3 - age 3

This class for boys and girls helps children develop locomotor, social, and listening skills through a variety of fun activities.

Fees: \$43.20 \$68.20 (Non-County Resident)

26319	Mon	Jan 4-Mar 1	12:30-1:15 PM
26320	Mon	Jan 4-Mar 1	3:45-4:30 PM
26321	Tue	Jan 5-Mar 2	11:00-11:45 AM
26322	Tue	Jan 5-Mar 2	12:30- 1:15 AM
26323	Tue	Jan 5-Mar 2	3:45- 4:30 PM
26324	Tue	Jan 5-Mar 2	6:30-7:15 PM
26325	Wed	Jan 6-Mar 3	1:00-11:45 AM
26326	Wed	Jan 6-Mar 3	3:45-4:30 PM
26327	Thu	Jan 7-Mar 4	11:00-11:45 AM
26328	Thu	Jan 7-Mar 4	12:30- 1:15 PM
26329	Thu	Jan 7-Mar 4	4:30- 5:15 PM

Ward Recreation Center

26334	Wed	Jan 6-Mar 3	4:00- 4:45 PM
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Fees: \$28.80 \$53.80 (Non-County Resident)

26330	Fri	Jan 8-Feb 26	3:30- 4:15 PM
26332	Sat	Jan 9-Feb 27	12:30- 1:45 PM
26332	Sat	Jan 9-Feb 27	1:30- 2:15 PM

Tumble Kids 4 - age 4

This class for boys and girls helps children develop motor, social, and listening skills through a variety of fun activities and challenges.

26335	Mon	Jan 4-Mar 1	1:30- 2:15 PM
26336	Mon	Jan 4-Mar 1	4:30- 5:15 PM
26341	Tue	Jan 5-Mar 2	4:30- 5:15 PM
26342	Tue	Jan 5-Mar 2	5:30- 6:15 PM
26343	Wed	Jan 6-Mar 3	12:30- 1:15 PM
26344	Wed	Jan 6-Mar 3	4:30- 5:15 PM
26345	Wed	Jan 6-Mar 3	6:30-7:15 PM
26346	Thu	Jan 7-Mar 4	5:30- 6:15 PM
26347	Thu	Jan 7-Mar 4	6:30- 7:15 PM

Ward Recreation Center

26352	Wed	Jan 6-Mar 3	5:00-5:45PM
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Fees: \$28.80 \$53.80 (Non-County Resident)

26348	Fri	Jan 8-Feb 26	12:30- 1:15 PM
26349	Fri	Jan 8-Feb 26	6:30- 7:15 PM
26350	Sat	Jan 9-Feb 27	11:00-11:45 AM
26351	Sat	Jan 9-Feb 27	2:30- 3:15 PM

5-Year Old Classes

Gym Kids – Age 5

For boys & girls age 5. The class is an introduction to basic Gymnastics positions, skills, and activities on all pieces of apparatus

Fees: \$43.20 \$68.20 (Non-County Resident)

26387	Mon	Jan 4-Mar 1	3:30- 4:25 PM
26388	Mon	Jan 4-Mar 1	5:30- 6:25 PM
26389	Tue	Jan 5-Mar 2	6:30- 7:25 PM
26390	Wed	Jan 6-Mar 3	3:30- 4:25 PM
26391	Wed	Jan 6-Mar 3	5:30- 6:25 PM
26392	Thu	Jan 7-Mar 4	4:30- 5:25 PM
26393	Thu	Jan 7-Mar 4	5:30- 6:25 PM
26394	Thu	Jan 7-Mar 4	6:30- 7:25 PM

Fees: \$28.80 \$53.80 (Non-County Resident)

26395	Fri	Jan 8-Feb 26	4:30- 5:25 PM
26396	Fri	Jan 8-Feb 26	5:30- 6:25 PM
26397	Sat	Jan 9-Feb 27	9:00-9:55 AM
26398	Sat	Jan 9-Feb 27	10:00-10:55 AM
26399	Sat	Jan 9-Mar 6	2:30- 3:25 PM

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Boys Classes

Boys Gymnastics - Level 1 - age 6-8

For boys ages 6-8. The class introduces beginner level skills on all pieces of apparatus. Skills include rolls & handstands on floor, basic supports, swings, hangs, and casts on pommel horse, high bar, parallel bars, and rings.

Fees:	\$43.20	\$68.20 (Non-County Resident)		
26387	Mon	Jan 4-Mar 1	3:30- 4:25 PM	
26388	Mon	Jan 4-Mar 1	5:30- 6:25 PM	
26389	Tue	Jan 5-Mar 2	6:30- 7:25 PM	
26390	Wed	Jan 6-Mar 3	3:30- 4:25 PM	
26391	Wed	Jan 6-Mar 3	5:30- 6:25 PM	
26392	Thu	Jan 7-Mar 4	4:30- 5:25 PM	
26393	Thu	Jan 7-Mar 4	5:30- 6:25 PM	
26394	Thu	Jan 7-Mar 4	6:30- 7:25 PM	
26395	Fri	Jan 8-Feb 26	4:30- 5:25 PM	
26396	Fri	Jan 8-Feb 26	5:30- 6:25 PM	
26397	Sat	Jan 9-Feb 27	9:00-9:55 AM	
26398	Sat	Jan 9-Feb 27	10:00-10:55 AM	
26399	Sat	Jan 9-Mar 6	2:00- 2:55 PM	

Boys Gymnastics - Level 1 - age 9+

For boys ages 9 and up. The class introduces beginner level skills on all pieces of apparatus. Skills include rolls and handstands on floor, basic supports, swings, hangs, casts on pommel horse, high bar, parallel bars, and rings.

Fees:	\$43.20	\$68.20 (Non-County Resident)		
26412	Wed	Jan 6-Mar 3	6:30- 7:25 PM	

Boys Gymnastics - Level 2 - age 6+

For boys ages 6 and up. Students must have passed the requirements of the previous level or been evaluated for this level, if new to the program. The class continues beginner level skills on all pieces of apparatus. Skills include handstands & cartwheels on floor, supports, swings, hangs, and casts on pommel horse, high bar, parallel bars, and rings.

Fees:	\$43.20	\$68.20 (Non-County Resident)		
26413	Mon	Jan 4-Mar 1	4:30- 5:25 PM	
26414	Tue	Jan 5-Mar 2	5:30- 6:25 PM	
26415	Wed	Jan 6-Mar 3	4:30- 5:25 PM	
26416	Thu	Jan 7-Mar 4	5:30- 6:25 PM	
Fees:	\$28.80	\$53.80 (Non-County Resident)		
26417	Fri	Jan 8-Feb 26	4:30- 5:25 PM	
26418	Fri	Jan 8-Feb 26	6:30- 7:25 PM	

Boys Gymnastics - Level 3 - age 6+

For boys ages 6 and up. Students must have passed the requirements of the previous level or been evaluated for this level, if new to the program. The class introduces intermediate level skills on all pieces of apparatus. Skills include round-offs & springs on floor, supports, swings, leg swings, hangs, and circles on pommel horse, high bar, parallel bars, and rings.

Fees:	\$43.20	\$68.20 (Non-County Resident)		
26444	Wed	Jan 6-Mar 3	5:30- 6:25 PM	
Fees:	\$28.80	\$53.80 (Non-County Resident)		
26418	Fri	Jan 8-Feb 26	6:30-7:25 PM	

Boys Gymnastics - Level 3/4 - age 6+

For boys age 6 and up. Students must have passed the requirements of the previous level or been evaluated for this level, if new to the program. The class combines Level 3 and Level 4 skills on all pieces of apparatus. Skills include hand springs and saltos on floor, supports, swings, leg swings, leg cuts, hangs, and circles on pommel horse, high bar, parallel bars, and rings.

Fees: (1.5 hr. class) \$63.00 \$88.00 (Non-County Resident)

26445	Mon	Jan 4-Mar 1	6:30- 8:00 PM	
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Girls Classes

Girls Gymnastics - Level 1 - age 6-8

For girls ages 6-8. The class introduces beginner level skills on all pieces of apparatus. Skills include rolls & handstands on floor, walks & changes of level on balance beam, supports and casts on uneven bars, and running & board drills on vault.

Fees:	\$43.20	\$68.20 (Non-County Resident)		
26446	Mon	Jan 4-Mar 1	4:30- 5:25 PM	
26447	Mon	Jan 4-Mar 1	6:30- 7:25 PM	
26448	Tue	Jan 5-Mar 2	3:30- 4:25 PM	
26449	Tue	Jan 5-Mar 2	4:30- 5:25 PM	
26450	Wed	Jan 6-Mar 3	4:30- 5:25 PM	
26451	Thu	Jan 7-Mar 4	3:30- 4:25 PM	
26452	Thu	Jan 7-Mar 4	5:30- 6:25 PM	
26453	Thu	Jan 7-Mar 4	6:30- 7:25 PM	
Fees:	\$28.80	\$53.80 (Non-County Resident)		
26454	Fri	Jan 8-Feb 26	3:30- 4:25 PM	
26455	Fri	Jan 8-Feb 26	4:30- 5:25 PM	
26456	Fri	Jan 8-Feb 26	6:30- 7:25 PM	
26457	Sat	Jan 9-Mar 6	9:00- 9:55 AM	
26458	Sat	Jan 9-Mar 6	10:00-10:55 AM	
26459	Sat	Jan 9-Feb 27	12:30-1:25 PM	
26460	Sat	Jan 9-Feb 27	2:30- 3:25 PM	

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Girls Classes continued

Girls Gymnastics - Level 1 - age 9+

For girls ages 9 and up. The class introduces beginner level skills on all pieces of apparatus. Skills include rolls and handstands on floor, walks and changes of level on balance beam, supports and casts on uneven bars, and running and board drills on vault.

Fees: \$43.20 \$68.20 (Non-County Resident)

26469 Tue Jan 5-Mar 2 5:30- 6:25 PM
26470 Wed Jan 6-Mar 3 6:30- 7:25 PM

Fees: \$28.80 \$53.80 (Non-County Resident)

26471 Sat Jan 9-Feb 27 11:00-11:55 AM

Girls Gymnastics - Level 2 - age 6-8

For girls ages 6-8. Students must have passed the requirements of the previous level or been evaluated for this level, if new to the program. The class continues beginner level skills on all pieces of apparatus. Skills include handstands and cart wheels on floor, leaps, jumps, and locomotor movements on balance beam, back hip circles on uneven bars, and running and board drills on vault.

Fees: \$43.20 \$68.20 (Non-County Resident)

26461 Mon Jan 4-Mar 1 4:30- 5:25 PM
26462 Mon Jan 4-Mar 1 5:30- 6:25 PM
26463 Tue Jan 5-Mar 2 6:30- 7:25 PM
26464 Wed Jan 6-Mar 3 4:30- 5:25 PM
26465 Thu Jan 7-Mar 4 4:30- 5:25 PM

Fees: \$28.80 \$53.80 (Non-County Resident)

26466 Fri Jan 8-Feb 26 3:30- 4:25 PM
26467 Fri Jan 8-Feb 26 5:30- 6:25 PM
26468 Sat Jan 9-Mar 6 1:30- 2:25 PM

Girls Gymnastics - Level 2 - age 9+

For girls ages 9 and older. Students must have passed the requirements of the previous level or been evaluated for this level, if new to the program. The class continues beginner level skills on all pieces of apparatus. Skills include handstands and cartwheels on floor, leaps, jumps, and locomotor movements on balance beam, back hip circles on uneven bars, and running and board drills on vault.

Fees: \$43.20 \$68.20 (Non-County Resident)

26472 Wed Jan 6-Mar 3 5:30- 6:25 PM
26473 Thu Jan 7-Mar 4 6:30- 7:25 PM

Girls Gymnastics - Level 3 - age 6+

For girls ages 6 and up. Students must have passed the requirements of the previous level or been evaluated for this level, if new to the program. The class introduces advanced beginner and intermediate level skills on all pieces of apparatus. Skills include round-offs and walkovers on floor, mounts, dismounts, and turns on balance beam, sole circles and squats-on uneven bars, and body position drills on vault.

Fees: \$43.20 \$68.20 (Non-County Resident)

26474 Mon Jan 4-Mar 1 6:30- 7:25 PM
26475 Tue Jan 5-Mar 2 6:30- 7:25 PM
26476 Wed Jan 6-Mar 3 5:30- 6:25 PM
26477 Thu Jan 7-Mar 4 5:30- 6:25 PM

Fees: \$28.80 \$53.80 (Non-County Resident)

26478 Fri Jan 8-Feb 26 4:30- 5:25 PM
26479 Sat Jan 9-Feb 27 12:30-1:25 PM

Girls Gymnastics - Level 4/5/6 - age 6+

For girls ages 6 & older. Students must have passed the requirements of the previous level or been evaluated for this level, if new to the program. The class combines intermediate level skills and introduces advanced level skills on all apparatus. Skills include handsprings on floor, leaps, turns, and cartwheels on beam, front hip circles and glide kips on bars, and handsprings on vault.

Fees: (1.5 hr. class) \$63.00 \$88.00 (Non-County Resident)

26480 Mon Jan 4-Mar 1 5:30- 7:00 PM

Fees: (1.5 hr. class) \$42.00 \$67.00 (Non-County Resident)

26481 Sat Jan 9-Feb 27 1:30- 3:00 PM

Fees: (2 hr. class) \$82.80 \$107.80 (Non-County Resident)

26482 Wed Jan 6-Mar 3 6:30- 8:30 PM

Cheer Gymnastics Classes

Cheer Gym - Beginner - age 6-8

For boys and girls age 6-8. The class focuses on the beginning Tumbling skills and jumps used in cheerleading. Students also work on balance and jumping & landing from heights.

Fees: \$43.20 \$68.20 (Non-County Resident)

26402 Mon Jan 4-Mar 1 4:30- 5:25 PM

Cheer Gym - Beginner - age 9+

For boys and girls age 9 and up. This class focuses on beginning Tumbling skills and jumps used in cheerleading. Students also work on balance and jumping & landing from heights.

Fees: \$43.20 \$68.20 (Non-County Resident)

26401 Tue Jan 5-Mar 2 5:30- 6:25 PM
26401 Tue Jan 5-Mar 2 5:30- 6:25 PM

Cheer Gym - Intermediate - age 6+

For boys and girls ages 6 & up. Students must have passed the Requirements of the previous level or been evaluated for this level, if new to the program. This class focuses on intermediate tumbling skills heights.

Fees: \$43.20 \$68.20 (Non-County Resident)

26403 Mon Jan 4-Mar 1 7:30- 8:25 PM

Winter 2010