

Therapeutics

Purpose of Program & Policies

To provide recreation and leisure educational opportunities for all special populations including but not limited to individuals with: **Developmental Disabilities * Learning Disabilities & Delays * Physical Disabilities * Hearing/ Speech Impairments * Attention Deficit Disorder * Autism**

Our Therapeutic Recreation Services Unit provides opportunities for persons with developmental disabilities. The program strives for each participant to function at his or her highest level of ability in a less restrictive environment. The goals of the program are to increase socialization skills, community awareness and emotional and physical well-being. We will teach new leisure skills through participation in structured recreation activities that are safe and fun.

A leisure assessment, medical information and Release and Hold Harmless Agreement (permission to provide emergency medical treatment) waiver are required prior to participation. Recreation opportunities are provided for participants in a variety of interest areas including recreational sports, dance, arts & crafts, day camps, travel, social club activities and special events. Most activities are offered at a minimal cost to the participant.

Full Time Staff

Clintina Mitchell, TR Coordinator
(770) 819-3223
Clintina.mitchell@cobbcounty.org

Ann Bonds, Recreation Programmer
(770) 819-3257
Ann.bonds@cobbcounty.org

Kevin Hill, TR Specialist
(770) 819-3256
Kevin.hill@cobbcounty.org

Part Time Staff

Kim Battiste, Special Olympics Cobb
(770) 819-3261
Kimberly.battiste@cobbcounty.org

Registration Policies & Procedures

EZ-Reg online registration begins at 10:00 am on November 18, Walk-In from 10am - 2pm
See TRS Registration Form and Medical.

Mail registration form with full payment and medical form to:

Therapeutic Recreation Services Unit
555 Nickajack Road
Mableton, GA 30126
(Make checks/money orders payable to **CCPRCAD**)

Inclement Weather

If a program is canceled due to weather, the program will be made up at a later date or refunds issued.

Payment Policy

Full payment of program fees must be included with the registration form. No partial payments will be accepted. We now accept MasterCard & Visa. You may call in your registration and give your credit card information over the phone or walk-in with your credit card. Please do not write your credit card information on your registration form to mail in. \$25 fee on any checks returned unpaid by your bank.

Refund Policy

Refunds will be issued only if TRS has not incurred costs due to purchase of tickets, rentals, supplies, refreshments, deposits, etc. Requests for a refund must be submitted in writing. Participants will not receive a refund or credit for any missed special events, social club events or other programs. Social Clubs must be PAID IN FULL. No Exceptions. Refunds will be processed at the end of the quarter.

Non-Resident Policy

A mandatory fee will be charged to all out-of-county residents participating in Cobb County's TRS program. The out-of county fee is \$25 per registrant.

Extra fees:

- Participant Insurance (optional) - \$6.30 yearly fee
- TRS Non-resident fee (if applicable) - \$25 per quarter

Therapeutics

Volunteers

Cobb Therapeutic Recreation and Special Olympics GA-Cobb utilize many volunteers for their programs. Volunteers are needed to assist staff and instructors with the special needs participants in a variety of settings. Special Olympics GA-Cobb certifies volunteers, coaches and assistant coaches for many sports. Call Kevin, Ann or Kim for more information.

Transportation

When provided, transportation will be from one of the following locations (please see specific program information)
CSP: 1792 County Services Parkway, Marietta
RSBC: Parking lot to right of Roswell St Baptist Church
CCC: Cobb Civic Center, 548 S Marietta Parkway, Marietta

ADA Compliance

The Cobb County Board of Commissioners complies with the Americans With Disabilities Act of 1990 Public Law 101-336 (ADA), which prohibits discrimination on the basis of disability--requiring that no qualified individual with a disability shall on the basis of a disability, be denied the benefits of Cobb County Services, programs, activities, or employment with Cobb County. If you have a specific physical or service accessibility need, please make the staff that work with the program / facility which you plan to use, aware of what you need so that we can reasonably accommodate you. Further information can be obtained from the Cobb County Government ADA Coordinator at 770-528-2655 (Voice) or 770-5281103 (TDD). This notice is available in alternate format - audiotape, computer disk, large print, or Braille. To obtain the alternate format please call (770) 528-2655.

Parent/Guardian Responsibilities

1. When arriving at or departing from a program, **please CHECK-IN with the TRS staff before you leave or take your participant.**
2. Please contact the TRS office at 770-819-3215, if your participant will be absent from a program.
3. **Parents/Guardians should be prompt in picking up their participant** at the end of the program. Both staff and volunteers would greatly appreciate your cooperation in this matter, as they often have additional work responsibilities following a program. **IF YOU ARE LATE arriving at Roswell St. Baptist Church (RSBC) to pick up your participant, you must pick them up at the main Parks, Recreation & Cultural Affairs office (CSP), 1792 County Services Parkway, Marietta GA 30008.**

Lost and Found

TRS staff is not responsible for personal items that are left at a program. Please help us keep track of your participant's belongings by labeling all items (including clothing) they bring to programs. Contact TRS to inquire about lost and found items.

Behavior Code of Conduct

TRS participants are expected to exhibit appropriate behavior at all times. The following guidelines have been developed to help make TRS programs safe and enjoyable for all participants. Additional rules may be developed for the particular programs and athletic leagues as deemed necessary by staff.

Participants will:

- * Show respect to all participants and staff and follow all directions given by staff.
- * Abusive or foul language will not be tolerated.
- * Refrain from causing bodily harm to self, other participants, or staff.
- * Show respect for equipment, supplies, and facilities.
- * Refrain from smoking or consuming alcoholic beverages during Cobb County events and outings.

Discipline

A positive approach will be used regarding discipline. Staff will periodically review rules with participants during the program session. If inappropriate behavior occurs, prompt resolution will be sought specific to each individual situation. TRS reserves the right to dismiss from the program a participant whose behavior endangers the safety of themselves or others.

The Buddy System

If staff consistently observes disruptive behavior, according to the Code of Conduct, it will be brought to the attention of the parent/ guardian. TRS staff will determine if the participant will require a "buddy" to attend future programs. TRS staff will try to assist the parent/guardian in finding a "buddy", however, it is the responsibility of the parent/guardian to find a partner for the participant in order to continue to attend future programs. When the participant's behavior improves, the TRS staff will assess the progress of the participant to determine if the "buddy" is still needed. If disruptive behavior continues, the participant will be excused from the program. If a "buddy" is needed for a participant, there may be additional costs for them to attend any event(s) - this is the responsibility of the parent or guardian.

Participant Medical Information (PMI)

Returning Participants are required to submit a PMI form every year during the spring registration. If at any time information changes, please call TRS or mail an updated form. Forms may be obtained from the TRS office. Any new participant must complete a PMI form before beginning any activities with the TRS Unit.

Dispensing of Medication: If a participant is in need of assistance (other than a reminder) to take prescription medication, a permission form allowing TRS Staff to administer the medication must be completed by the parent or guardian before attending any program.

Atlanto-axial Dislocation Condition: Individuals with Down's syndrome are at risk of having ADC, which allows increased mobility of the first and second neck bones. For the safety of TRS participants, individuals with Down's Syndrome will not be allowed to participate in activities such as swimming, gymnastics, aerobics, which could injure the neck area, unless they have a doctor's excuse stating they are free of ADC. An x-ray by a doctor is necessary to detect if the condition is present.

Therapeutic Recreation Services

SPECIAL EVENTS FOR AGES 16 & UP

Holiday Movie Classics Age: 16Y & up

Meet your friends at Thompson Park for a day of watching your favorite holiday classic movies. If you have a favorite holiday DVD, bring it to share. Lunch is included. Arrive at Thompson Park by 10:30 am and pick up at 4:00 pm on 12/05/09

If you registered for this in Fall Quarter, you do not need to register again.

Fee: \$10.00

Location: Thompson Park Comm. Center 555 Nickajack Road SE, Mableton, GA 30126

25619 Sat Dec 5 10:30 am – 4:00 pm

Holiday Dance Celebration Age: 16Y & up

Celebrate the joy of giving this holiday season and spread some Christmas cheer to friends and family. You may bring gifts to exchange with your friends. Wear your favorite holiday outfit and dance to your favorite songs. You may bring a suggested play list for our DJ. Light refreshments only will be served. We expect a guest appearance by the holly, jolly man in red. Bring your cameras.

If you registered for this in Fall Quarter, you do not need to register again.

Fee \$10.00

Location: Thompson Park Comm. Center 555 Nickajack Road SE, Mableton, GA 30126

25621 Fri Dec 11 7:00- 9:30 PM

The Best Christmas Pageant Ever Age: 16Y & up

This is a story about THOSE kids. You know--the ones you avoid sitting next to at Pizza Hut. The Herdsman are the worst kids in the history of the world! There were six of them, Ralph, Imogene, Leroy, Claude, Ollie and Gladys. They lied, stole, smoked cigars and set fire to things. When the Herdsman find out about the Christmas Pageant they want to be in it! They will ruin it everyone thinks. Will they? Come watch the play to find out! Meet us at the Theatre no earlier than 7:30 pm for curtain call at 8:00 pm. Make sure to check in and out with a staff member.

Fee: \$5.00

Location: Center Stage Theatre - The Art Place Mtn View 3330 Sandy Plains Rd., Marietta, GA 30066

27058 Fri Dec 18 7:30-9:30 PM

Mall Madness Age: 16Y & up

Start the New Year off right with a day of GIRLS ONLY MALL MADNESS. Get a manicure at the salon, shop til you drop and eat lunch with the girls. Meet us at the Food Court entrance to Cumberland Mall between Sears and Macy's at 11:00am. Pick up at the same location at 4:00 pm.

Fee: \$20.00 manicure and lunch or \$10.00 lunch only

Location: 1000 Cumberland Mall | Atlanta, Georgia 30339

27057 Sat Jan 9 11:00 AM – 4:00 PM

Therapeutic Recreation Services

SPECIAL EVENTS FOR AGES 16 & UP

Movie Night-Austell Age: 16Y & up

Let's get together and see the latest greatest movie release. Enjoy an evening out with your friends. Meet us at Stevie B's pizza at 6:00 pm for supper before the movie. We will then go to the Regal 22 across the street for the newest hit movie out (majority rules vote within strict movie rating guidelines). Pick up time will be 9:30 pm or later and will be confirmed by staff at drop off on the night of the movie. Bring money if you would like to purchase snacks.

Fee: \$20.00

Location: Regal Cinemas 22: 2480 East-West Connector, Austell, Ga 30106

27059 Fri Jan 22 6:00-9:30 PM

Movie Night-Kennesaw Age: 16Y and up

Meet us at Stevie B's pizza: 50 Barrett Parkway at 6:00 pm for supper before the movie. We will then go to the Regal Cinemas at 2795 Town Center Drive, Kennesaw, GA 30144 to see the newest hit movie out (majority rules vote within strict movie rating guidelines). Pick up time will be 9:30 pm or later and will be confirmed by staff at drop off on the night of the movie. Bring money if you would like to purchase snacks.

Fee: \$20.00

Location: Regal Cinemas at 2795 Town Center Drive, Kennesaw, GA 30144

27060 Fri Jan 22 6:00-9:30 PM

Atlanta Hawks Game Age: 16Y & up

Grab your spirit towel and come cheer on the Atlanta Hawks as they face the Chicago Bulls at Philips Arena. Chick-fil-A meal included for supper. Bring money if you would like souvenirs or snacks. We will stay until the game is over.

Depart CSP 6:00 pm / RSBC 6:30 pm Return RSBC 10:30pm / CSP 10:45 pm.

Fee \$43.00

27062 Fri Feb 5 6:00 -10:45 PM

Valentine Dance Age: 16Y & up

Roses are Red and Violets are Blue someone special is searching for YOU. Come prepared for an evening of dancing to your heart's delight. Wear your favorite Valentine outfit. If you don't have a sweetheart, maybe cupid will work his magic!!! Light refreshments will be served. Please eat dinner before you come.

Fee \$10.00

Location: Thompson Park Comm. Center 555 Nickajack Road SE, Mableton, GA 30126

27061 Fri Feb 12 7:00- 9:00 PM

That's Amore-Sweetheart's Day Age: 16Y & up

Make February a month for romance while spending a special day with your sweetheart. This event is for Couples only. We will enjoy a special meal at Ruby Tuesday restaurant: 400 Ernest W Barrett Pkwy NW, Kennesaw, GA 30144. After lunch we will enjoy a popular flick at the local AMC Cinema located at the 2600 Cobb Place Ln. NW, Kennesaw, GA 30144; the intersection of 75 North & Barrett Parkway, At Cobb Place Shopping Center. Meet at Ruby Tuesday restaurant and pick up at the movie theater. Since definite movie names and times are not published at this time, make sure to check with staff for exact pick up time on the day of the event.

Fee: \$ 40.00 per couple

Location: Ruby Tuesday: 400 Ernest W Barrett Pkwy NW, Kennesaw, GA 30144 and AMC: 2600 Cobb Place Ln. NW Kennesaw, GA 30144

27063 Sat Feb 13 11:00 AM – 2:30 PM

Therapeutics Recreation Services

2010 winter – CLASSES

Bowling Age: 16Y & up

Enhance your skills while enjoying an afternoon filled with the excitement of bowling and competing against your friends. This is a seven-week course. No transportation provided. Meet at Brunswick Zone 2750 Austell Rd., Marietta, GA 30008. Staff is available at the bowling alley between 1:30 pm and 4:15 pm only. For safety reasons, participants should not arrive before staff and should be picked up by 4:00 pm.

Location: Brunswick Zone 2750 Austell Rd., Marietta, GA 30008

Fee \$30.00

27073 Thu Jan 7 – Feb 18 2:00- 4:00 PM

Dance & Movement Age: 14Y & up

Students will learn basic movements from various forms/styles of dance and practice putting together a dance routine. No partner is required. Classes will be held at Thompson Park Community Center on Wednesday evenings 7:00-8:00 pm.

Location: Thompson Park Community Center 555 Nickajack Road SE, Mableton, GA 30126

Fee \$20.00

27064 Wed Jan 20 – Feb 24 7:00- 8:00 PM

Healthy Lifestyles Class Age: 14Y & up

Learn to plan and prepare healthy great tasting snacks and meals for yourself and your family, learn how to measure ingredients plus how to read and follow simple recipes, get tips on preparing your grocery-shopping list, & learn to read and understand food labels. Snacks and other food preparation will be included in some classes. This class is offered in conjunction with Cobb County 4-H.

Location: Thompson Park Community Center 555 Nickajack Road SE, Mableton, GA 30126

Fee: \$10.00

27065 Thu Jan 14 – Feb 4 7:00 – 8:30 pm

Swim Class Age: 12Y & up

You don't want to miss these swim classes. For the beginner to learn the basics or for the pro to enhance their competition skills and endurance, this class is for everyone. All classes held at the Central Aquatics Center.

Location: Central Aquatic Center 520 Fairground St., Marietta, 30060

Fee: \$60.00

25828 Wed Feb 17 – Mar 24 7:00- 8:00 PM

Exploring the Piano

This class is an introduction to music and the piano using a new and innovative teaching technique. Beginner students will enjoy this class with Miss Bonnie. No musical experience required. Class will be taught at Thompson Park Community Center. Class is limited to the first six registrants.

Location: Thompson Park Community Center, 555 Nickajack Road, Mableton, GA 30126

Fee: \$40.00

2706 Mon Jan 25 – Mar 1 7:00 – 8:30 PM

Therapeutics Recreation Services

SOCIAL CLUBS AGES 16 & UP Activity Schedule

Social Clubs are designed for ages 16 and up. Clubs are limited to 8-12 participants. Every quarter each club participates in 3 to 5 activities.

Fees are charged on a quarterly basis.

All new participants must be assessed prior to registration.

Please call 770-819-3256 to schedule an appointment.

Theatre Night

Depart CSP 7:00, RSBC 7:15 **Return** RSBC 10:45, CSP 11:00

Join us for a night at Theatre in the Square as we watch the popular holiday show “Sanders Family Christmas”.

College Basketball

Depart CSP 6:30, RSBC 7:00 **Return** RSBC 9:30, CSP 10:00 Watch the Kennesaw Owls defeat their rivals!

Light refreshments provided.

Bowling Night

No Transportation. Location: Brunswick Zone Austell, 2750 Austell Rd. Marietta Time: 7-9pm

Can your club get the most strikes? Join us for a night of bowling fun.

Cooking Class

No Transportation. Location: Thompson Park, 555 Nickajack Rd. Mableton Time: 7-9pm

Learn the basics of safety in the kitchen and learn to prepare a simple meal for your family.

Explorers 21-26924

12/8 Theatre Night
1/5 Cooking Class
1/25 Bowling
2/18 Basketball

Explorers 31-26925

12/17 Theatre Night
1/5 Cooking Class
1/25 Bowling
2/1 Basketball

Red Dreamers-26926

12/10 Theatre Night
1/7 Basketball
1/26 Cooking Class
2/22 Bowling

Yellow Dreamers-26927

12/15 Theatre Night
1/12 Basketball
2/2 Cooking Class
2/15 Bowling

Drifters-26928

12/3 Basketball
12/10 Theatre Night
1/19 Cooking Class
2/8 Bowling

Travelers- 26929

12/3 Basketball
12/10 Theatre Night
1/19 Cooking Class
2/8 Bowling

Voyagers-26930

12/3 Basketball
12/8 Theatre Night
1/11 Bowling
2/9 Cooking Class

Therapeutics

Special Olympics



STATE INDOOR WINTER GAMES

January 15 -17 • Cobb County, GA
COBB CIVIC CENTER
State level competition will be held in all
winter sports offered through
Special Olympics GA-Cobb
during this weekend.

2009-2010 Indoor Winter Games Training Schedule

ALL SPORTS BEGAN TRAINING IN MID-OCTOBER
EXCEPT ALPINE SKIING
(see below for more information).
All sports practices are held weekly.
Please commit to attending practice and
state competition with your coach and team.

Need more information?
Call Kim Battiste at 770-819-3261

ALPINE SKIING

Practice @THOMPSON PARK
555 Nickajack Rd
Mableton, GA 30126

Head Coach-CATHY SMITH
WENESDAYS, 6-7 PM

2009 training dates:
November 4, 11 & 18
December 2, 19 & 16

2010 training dates:
January 6, 13 & 20

Alpine Skiing competition will be held at
Wintergreen Ski Resort
Wintergreen, Virginia

ATTENTION

**ALL coaches & volunteers must take the
Protective Behaviors Training Quiz online at**
www.specialolympicsga.org

**Send a copy of the confirmation that you
have taken and passed this quiz to Kim Battiste.**

Please note that ALL Special Olympics
sports now require certification from Special
Olympics International. Training is provided
throughout the year at various locations around
the state. Please call our office to find out when
and where a clinic is offered for your sport.

SOGA-Cobb

Local Management Team

D'Jon McNair - Team Chairperson
Norma Jo Bales — Recording Secretary
Judi O'Connor - Finance Chairperson
Kim Watson - Fundraising Chairperson
Joe Bridgers - Volunteer Chairperson
Nancy Futral - Family Chairperson
Tim Gilbert - Athlete Representative
Kittie Caston - Training Chairperson
Victor Fair - Athlete Representative

Management Team Meetings

3rd Monday of each month at 7:00 p.m.
Parks, Recreation & Cultural Affairs
Administration Offices
1792 County Services Parkway
Marietta GA 30008

REMINDER...

Spring/Summer Sports Training

Will begin in late February.
Contact Kim Battiste at: 770-819-3261
if you have not received a training schedule or
started your training by 03/02/10

Therapeutics

SPECIAL OLYMPICS

S.O. GA - Cobb

Special Olympics is a year round program of training and competition for children (ages 8 & up) and adults with special needs. Participants receive opportunities to increase physical fitness, demonstrate courage, and develop friendships with other Special Olympics athletes and the community. Special Olympics offers a variety of athletic opportunities including bowling, gymnastics, ice skating, basketball, alpine skiing golf and tennis to name a few. Athletes practice/train for at least 8 weeks before state level competitions. Please note the time of year during which your sport is held, and expect to be contacted by your coach. If you do not hear from your coach 8—10 weeks prior to each listed State Games Competition, please contact our office. Additionally, Cobb County is looking for athletes interested in Unified Sports. Unified Sports are programs that pair a special athlete with a corporate athlete or community athlete for training and competition.

ELIGIBILITY

In Special Olympics, you must be at least 8 years of age and be diagnosed by an agency or professional with one of the following conditions: intellectual disabilities, cognitive delays as measured by formal assessment, or significant learning or vocation challenges due to cognitive delays that require or have required specially designed instructions.

HOW DO YOU GET TO PARTICIPATE?

Contact the office to request a registration packet. Each athlete must complete the following: a physical exam by a licensed examiner, a Special Olympics medical form "application for participation form", Behavior Code of Conduct Policy, Atlanto-axial release form, and the sports selection/yearly registration form. Complete all forms and make sure the appropriate person(s) sign the forms. When this packet is completed and returned to our office, you will receive a call from the coach of your selected sport. He/she will give you information regarding training, practice dates, and more. Please retain a copy of the medical form for your records.

COBB COUNTY TRAINING PROGRAMS

Cobb County offers a number of programs in which athletes receive coaching and training in certain sports specifically for competition in Special Olympic meets. Interested in coaching, volunteering or serving on the Special Olympic Management Team?

We need your support!

Special Olympics GA-Cobb needs caring individuals who are able to donate their time during sports practices as well as during various Local, Area and State Competitions. There are many volunteer opportunities available throughout the year. If you or someone you know is interested, please contact Ann Bonds or Kim Battiste at the number listed below for more information



Cobb County... Expect the Best!

WE NEED YOUR HELP

As most of you know, our Special Olympics program is funded solely by contributions and funds we raise. There is no budget for our athletes' uniforms, equipment, meals while traveling or charter buses to transport us to the many varied competitions we attend every year. With this in mind, please consider becoming one of our individual, civic or corporate financial supporters. Whether you know someone who participates in the program or not, it is easy to make a tax-deductible contribution. Many businesses and organizations have money allotted for charitable contributions, but are not aware of our need. Donations of any size would be greatly appreciated, and all donations go directly into Cobb County's Special Olympics program.

Contact Kim Battiste, (770) 819-3261
555 Nickajack Rd. Mableton, GA 30126
Kimberly.battiste@cobbcounty.org