


# Central Aquatic Center

## 2010 Lane Schedule

### January 3rd - February 13th 2010

Lane Schedule	
	Monday    Tuesday    Wednesday    Thursday    Friday
6:00—3:00pm	1-10    1-10    1-10    1-10    1-10
3:00-4:15pm	1-6    1-6    1-6    1-6    1-10
4:15-7:00pm	1-2    1-2    1-2    1-2    1-2 (4:15-6:00pm)
7:00-8:30pm	1-4    1-2    1-4    1-2    1-10 (6:00-8pm)
8:30-9:00pm	1-10    1-10    1-7    1-10    1-6 (8-9pm)
9:00am-10:00am	Saturday 6-10
10:00am-5:00pm	3-10
2:00-5:00pm	Sunday 1-6



**Family Swim**

Mon/Wed/Fri 12 pm-3 pm

Fri 7 pm-9 pm

Sat/Sun 2 pm-5 pm



Aqua-Aerobics	
Admission	
Adults \$3.00 / Seniors \$2.00	
Mon/Wed/Fri	9:00 am to 10:00 am
Mon/Wed/Fri (low impact)	10:00 am to 11:00 am
Mon/Wed (Senior Center)	11:00 am to 12:00 pm
Mon/Wed	5:30 pm to 6:30 pm

Closing Dates:	
Jan	1 (Fri) Closed—New Years Day 2 (Sat) Closed—Diving Meet 8 (Fri) Closed at 6pm—Swim Meet 9 (Sat) Closed at 2pm—Swim Meet 18 (Mon) Open 9a-6p—Holiday 22 (Fri) Closed at 6pm—Swim Meet 23 (Sat) Closed at 2pm—Swim Meet 30 (Sat) Closed—All Day—Swim Meets
Feb	5 (Fri) Closed at 6pm—Swim Meet 6 (Sat) Closed at 2pm—Swim Meet



<b><u>Weight Room</u></b>	
Mon-Fri	6:00am-9:00pm
Sat	9:00am-5:00pm
Sun	2:00pm-5:00pm